



Start Smart® Basketball is an instructional program that prepares children **ages 3 to 5 (age as of January 29th, 2019)** and their parents for enjoyable basketball experiences. Parents and children work together with the assistance of an instructor to learn the basics of dribbling/ball handling skills, shooting, passing/catching and running/agility.

Parents learn how to teach complex skills in creative and interesting ways using instructional and encouraging verbal cues, equipment and drills. The aim is to help you, as a parent, become knowledgeable and supportive coaches and partners in your child’s skill development, on and off the court. Parents also get an opportunity to simply spend enjoyable time with your child.

Children learn how to have fun while developing physical coordination and making small, but recognizable and thus encouraging, improvements. Each skill is broken down into simple steps and participants practice the different steps in a cumulative fashion over the course of the six weeks. Flexibility within the activities allows for accommodating a range of developmental levels. Register yourself and your

child for this wonderful opportunity to grow and learn together.

The program will meet on **Tuesdays and Thursdays at the Brunswick Recreation Center, 220 Neptune Drive, from 4-5pm.** It will last three weeks (six sessions), **running from January 29th through February 14th.** **The cost for the program is \$42.00 per resident/ \$55.00 per non-resident.** Each child will receive a participant manual.

Lisa Reece, a coach with years of experience teaching athletics and a previous Start Smart coordinator, will instruct the course. Class is limited to 12 groups of parent/child and 8 groups are needed to run the program. (*Don’t delay, space fills quickly*)

Regular sneakers will be fine for this program. Please provide a copy of your child’s **birth certificate** at the time of registration. The registration fee includes instruction & a participant manual for parents/coaches.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656.

✂ Detach & return with fee to the Brunswick Rec Center, 220 Neptune Drive, by January 25th
 Office hours 8am – 4:30pm Monday through Friday. ✂

BRUNSWICK RECREATION DEPT Boys and Girls, ages 3-5 (age as of January 29th, 2019)
“START SMART® Basketball – January 29th– February 14th, 2019
\$42.00 per resident/ \$55.00 per non-resident

Please Print

NAME _____ GIRL BOY

STREET ADDRESS _____

TOWN _____ ZIP _____

TOWN OF RESIDENCE _____ HOME PHONE _____

DATE OF BIRTH _____ AGE (as of 1/29/19) _____ EMAIL _____

Parent/Guardian #1 _____ EMAIL _____

Parent/Guardian #1 Home Phone _____ Parent/Guardian #1 Work Phone _____ Parent/Guardian #1 Cell _____

Parent/Guardian #2 _____ EMAIL _____

Parent/Guardian #2 Home Phone _____ Parent/Guardian #2 Work Phone _____ Parent/Guardian #2 Cell _____

For office Use

Date _____

Amt\$ _____

310000-01

Computer Birth Certificate

As a parent, I give my child permission to participate in the Brunswick Parks and Recreation Department START SMART BASKETBALL PROGRAM. I understand that photographs taken of Parks and Recreation Programs may be used by the Parks and Recreation Department for promoting programs, classes or events to include brochures, posters or web page postings.

Signature of Parent/Guardian _____

Names of Parents/Guardians _____ (PLEASE PRINT)