



START SMART SOCCER

Start Smart® Soccer is an instructional program that prepares children ages 3 to 5 (at the start of the program) and their parents for an enjoyable soccer experience. Parents and children work together with the assistance of an instructor to learn the basics of dribbling, kicking, passing, trapping, throw ins and agility.

Parents learn how to teach complex skills in creative and interesting ways using instructional and encouraging verbal cues, equipment and drills. The aim is to help you, as a parent, become knowledgeable and supportive coaches and partners in your child's skill development, on and off the field or court. Parents also get an opportunity to simply spend enjoyable time with your child.

Children learn how to have fun while developing physical coordination and making small, but recognizable and thus encouraging, improvements. Each skill is broken down into simple steps and participants practice the different steps in a cumulative fashion over the course of the three weeks. Flexibility within the activities allows for accommodating a range of developmental levels. Register yourself and your child for this wonderful opportunity to grow and learn together.

The three-week program will meet for 50 minutes twice a week at the **Lishness Hockey Rink from 4:00-4:50 p.m.** **The program will run on Tuesdays and Thursdays, on September 20, 22, 27, 29, and October 4, & 6.** In case of inclement weather the program will be moved inside the Recreation Center, 30 Federal Street.

Lisa Reece, a program director with many years of experience teaching athletics in the region, will instruct the course. Class is limited to 12 groups of parent/child.

A PARENT INFORMATION MEETING will be held on **Monday, September 19 at 5:30 p.m.** at the Recreation Center. This meeting is designed for the parent only. This is a very *important* meeting to discuss the overall program, coaching kids, the skills involved and to prepare you for participation in the class. Attendance at this meeting is extremely important and essential to the success of the parent and child in the program.

Registration fee for this program is \$45.00 for residents of Brunswick and \$58.00 for non-residents, which includes a size 3 soccer ball, a soccer participant manual and shin guards. Regular sneakers will be fine for this program. Please provide a copy of your child's **birth certificate** at the time of registration. The registration fee includes instruction & a participant manual for parents/coaches.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656.

✂ Detach & return with fee to the Brunswick Rec Center, 30 Federal St, by September 19. Office hours 8am – 4:30pm ✂

BRUNSWICK RECREATION DEPT Boys and Girls, ages 3-5
“START SMART® – September 2011” \$45.00 per resident/ \$58.00 per non-resident

Please Print

NAME _____ GIRL BOY

STREET ADDRESS _____

TOWN _____ ZIP _____

TOWN OF RESIDENCE _____ HOME PHONE _____

WORK PHONE _____ CELL/PAGER _____

DATE OF BIRTH _____ AGE _____ EMAIL _____

ALLERGIES, PHYSICAL/EMOTIONAL LIMITATIONS _____

I give permission for my, above named, child to participate in the Start Smart program.

Signature of Parent/Guardian _____

PARENT/GUARDIAN NAME(S) Please Print _____

For office Use

Date _____
Amt\$ _____
Rec# _____
210000-01
 Computer Birth Certificate