

# START SMART BASEBALL-SOFTBALL

**Start Smart**® Baseball/Softball is an instructional program that prepares children **ages 3 to 5** (age as of May 27, 2008) and their parents for enjoyable baseball/softball experiences. Parents and children work together with the assistance of an instructor to learn the basics of throwing, catching, batting, running and agility. Parents learn how to teach complex skills in creative and interesting ways using instructional and encouraging verbal cues, equipment and drills. The aim is to help you, as a parent, become knowledgeable and supportive coaches and partners in your child's skill development, on and off the court. Parents also get an opportunity to simply spend enjoyable time with your child. Children learn how to have fun while developing physical coordination and making small, but recognizable and thus encouraging, improvements. Each skill is broken down into simple steps and participants practice the different steps in a cumulative fashion over the course of the three weeks. Flexibility within the activities allows for accommodating a range of developmental levels. Register yourself and your child for this wonderful opportunity to grow and learn together.

The program will meet on **Tuesdays and Thursdays at the Brunswick Recreation Center from 4-4:45pm**. It will last three weeks (six sessions), **running from May 27<sup>th</sup> through June 12<sup>th</sup>**. **The cost for the program is \$45.00 per child**. Each child will receive a participant kit which includes 1 Participant Manual ~ 1 Bat and Ball Set ~ 1 Glove ~ 2 Koosh Balls.

Lisa Reece, a coach with years of experience teaching athletics and a previous Start Smart coordinator, will instruct the course. Class is limited to 12 groups of parent/child.

**A PARENT INFORMATION MEETING** will be held at the Recreation Center on **May 26, 2008 at 6pm**. This meeting is designed for the parent only. This is a very *important* meeting to discuss the overall program, coaching kids, the skills involved and to prepare you for participation in the class. **Attendance at this meeting is a must and is extremely important and essential to the success of the parent and child in the program.**

Regular sneakers will be fine for this program. This program is limited to **Brunswick Residents**. Please provide a copy of your child's **birth certificate** at the time of registration. The registration fee includes instruction & a participant manual for parents/coaches.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656.

✂ Detach & return with fee to the Brunswick Rec Center, 30 Federal St, by May 23<sup>rd</sup>. Office hours 8am – 4:30pm ✂

**BRUNSWICK RECREATION DEPT** Brunswick Residents Only Boys and Girls, ages 3-5  
**“START SMART”® Baseball/Softball – May-June 2008** \$45.00 per child  
*Please Print*

NAME \_\_\_\_\_ GIRL  BOY

STREET ADDRESS \_\_\_\_\_

TOWN \_\_\_\_\_ ZIP \_\_\_\_\_

TOWN OF RESIDENCE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

WORK PHONE \_\_\_\_\_ CELL/PAGER \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE (as of 5/27/08) \_\_\_\_\_ EMAIL \_\_\_\_\_

*I give permission for my, above named, child to participate in the Start Smart program.*

Signature of Parent/Guardian \_\_\_\_\_

PARENT/GUARDIAN NAME(S) *Please Print* \_\_\_\_\_

For office Use	
Date	_____
Amt\$	_____
Rec#	_____
410000-01	
<input type="checkbox"/> Computer	<input type="checkbox"/> Birth Certificate