



Start Smart® Basketball is an instructional program that prepares children **ages 3 to 5** (age as of February 28th, 2012) and their parents for enjoyable basketball experiences. Parents and children work together with the assistance of an instructor to learn the basics of dribbling/ball handling skills, shooting, passing/catching and running/agility.

Parents learn how to teach complex skills in creative and interesting ways using instructional and encouraging verbal cues, equipment and drills. The aim is to help you, as a parent, become knowledgeable and supportive coaches and partners in your child’s skill development, on and off the court. Parents also get an opportunity to simply spend enjoyable time with your child.

Children learn how to have fun while developing physical coordination and making small, but recognizable and thus encouraging, improvements. Each skill is broken down into simple steps and participants practice the different steps in a cumulative fashion over the course of the six weeks. Flexibility within the activities allows for accommodating a range of developmental levels. Register yourself and your child for this wonderful opportunity to grow and learn together.

The program will meet on **Tuesdays and Thursdays at the Brunswick Recreation Center from 4-4:45pm**. It will last three weeks (six sessions), **running from February 28th through March 15th**. **The cost for the program is \$39.00 per resident/ \$52.00 per non-resident**. Each child will receive a participant manual.

Lisa Reece, a coach with years of experience teaching athletics and a previous Start Smart coordinator, will instruct the course. Class is limited to 12 groups of parent/child and 8 groups are needed to run the program.

A PARENT INFORMATION MEETING will be held at the Recreation Center on **February 27th, 2012 at 6:00pm**. This meeting is designed for the parent only. This is a very *important* meeting to discuss the overall program, coaching kids, the skills involved and to prepare you for participation in the class. **Attendance at this meeting is a must and is extremely important and essential to the success of the parent and child in the program.**

Regular sneakers will be fine for this program. This program is limited to **Brunswick Residents**. Please provide a copy of your child’s **birth certificate** at the time of registration. The registration fee includes instruction & a participant manual for parents/coaches.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656.

✂ Detach & return with fee to the Brunswick Rec Center, 30 Federal St, by February 24th. Office hours 8am – 4:30pm ✂

BRUNSWICK RECREATION DEPT Brunswick Residents Only Boys and Girls, ages 3-5

“START SMART® Basketball – February 28th - March 15th 2012

Please Print \$39.00 per resident/ \$52.00 per non-resident

NAME _____ GIRL BOY

STREET ADDRESS _____

TOWN _____ ZIP _____

TOWN OF RESIDENCE _____ HOME PHONE _____

WORK PHONE _____ CELL/PAGER _____

DATE OF BIRTH _____ AGE (as of 2/28/12) _____ EMAIL _____

I give permission for my, above named, child to participate in the Start Smart program.

PARENT/GUARDIAN NAME(S) *Please Print* _____

PARENT/GUARDIAN SIGNATURE _____

For office Use

Date _____

Amt\$ _____

Rec# _____

310000-01

Computer Birth Certificate