



Brunswick Youth Soccer League

Jr. High and High School Division Rules and Roles

In the Jr. High and HS Divisions the game is the traditional full size field with 11 players per team on the field at a time. All fouls are enforced including offside and penalty kicks if appropriate. The game ball is a size five. Teamwork is stressed, utilizing all positions and implementing strategies. Individuals are expected to be self motivated, physically fit and prepared to assume a higher level of play. They will learn more about team play and strategy of the game, to include set plays and different formations.

Games consist of two halves. Teams will switch sides of the field prior to beginning the second half. No overtime period will be played in the event of a tie.

There are an unlimited number of substitutions allowed, however they may occur only at: kick offs, goal kicks, throw-ins, injury and at half-time. The referee must be notified of the intent to substitute and the substitute must be placed at the midfield sideline prior to the referee allowing them to come in.

If teams do not have enough players for an 11 v 11 game, coaches can add players to their team from other **BYSL Jr. High teams** only. Coaches can only add so many players as to equal the number of players on the other team. For example: Team one has 13 players at the game. Team two has 10. Team two can only add 3 players to their bench. No team will be allowed to gain a numerical advantage by bringing on extra players.

If no subs are available, teams should keep an equal number of players on the field, i.e. if one team has only 10 players the other will play only 10 players.

Substitute players can only play defensive positions and goalie. No substitute player will be allowed to play midfield or forward/striker. Furthermore substitute players should be used as substitutes only, not starters. Priority of play is to the rostered players.

There will be only one practice session a week, not to exceed 90 minutes. Coaches will set the schedule for a weeknight.

All players MUST wear shin guards with socks covering the full shin guard. Players should not wear jewelry, hooded sweatshirts or hard hair clips to either practices or games.

Games are played unless there is a heavy rain. Postponement will be announced by a phone call from your coach, at least 1/2 hour before game time. If you do not receive a call, then assume the game is to be played. Cancellations will be placed on the Brunswick Parks and Recreation Department Cancellation Hotline at 725-6656.

Spectators should remain at one sideline and give the players room for throw-ins and corner kicks. There shall be no spectators or coaches behind the goal area or on the goal line. Only coaches and medical personnel are allowed on the field after the referee determines they are needed.

BYSL strongly discourages you from bringing your dog to games and practices. Under no circumstances should a dog be on the players bench, or unleashed.

PARENTS' ROLE

BYSL parents have the greatest influence on each child's level of enjoyment. Your child, his/her teammates, and opponents should hear only encouragement from the sidelines. The coach should be the only one "coaching" during the game. Encouraging your child and his teammates after the game is very important for young children. Teaching good sportsmanship in victory and defeat is an important skill that can begin at home. Practice and preach commitment and the idea that soccer is a team sport in which one relies on the others. Do not argue with or yell at the referee.

The league goal is that participants have fun and that everyone participates. If your child is not having fun, please speak to the coach or one of the league officials.

All parents are asked to volunteer when possible, to become familiar with league rules and to join in the fun. Parents are also asked to transport their child to practices and games on time and notify coaches when an absence is anticipated. You should check with the coach about his/her policy for parents leaving children at practices and games. ***It is your responsibility*** to be on time to pick up your child.