Youth Cross Country Trail Biking Program

Program is held on Tuesdays from 4:30pm – 5:45pm, September 17th – October 26th, at Brunswick Town Commons & Neptune Woods for youth in Grades 2 -7.

$35 Residents $45 Non-Residents

Enrollment limited to 20 participants.

Register soon!

The Trail Bike Coaches

Coaching is provided by:
6 RIVERS NEMBA (New England Mountain Bike Association)

Kris Haralson 6R NEMBA
Board Member kharalson@comcast.net
Chuck Spear
Kevin Cashman

All of the coaches are avid mountain bikers and are skilled in CPR and first aid.

Parents/guardians are welcome and encouraged (but not mandatory) to ride along with the group.

This is a 6-week program that will meet Tuesdays starting September 17th. The 6th meeting session of this program will be a destination ride to be determined on October 26th. Staff is knowledgeable and enthusiastic about teaching kids of all skill levels about Cross Country Trail Biking. They will help riders develop a positive attitude about themselves and others, as well as developing skill and comfort on their bike in different trail conditions. This program will meet weekly at the Brunswick Town Commons Entrance at the Rt. 123 parking area. We will consider the destination ride on Saturday October 26th from 9am - 11am as our last session.

The program will start with a Parent/Guardian & Rider meeting on Tuesday, September 17th at 4:30pm at the Brunswick Town Commons. A Bike & Helmet Safety check will also be done at this meeting. Fitting for helmets and bikes will be done for those needing to use a bike for the program. Please let us know in advance if you do not have a bike.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656. To view our refund policy, see our current program offerings or register online, visit us online at www.brunswickme.org/parkrec
YOUTH CROSS COUNTRY TRAIL BIKING – Fall 2019

FEE:
$35.00 Brunswick Residents
$45.00 Non-Residents

Please Print

Name__________________________ Date of Birth__________________ Age_____ Female □ Male □

Street Address__________________________________________ Town of residence_____________________

Zip Code _______ School_________________________________ Grade, Fall 2019__________

Parent/Guardian #1________________________________________ Email ____________________________

Parent/Guardian #1Home Phone_____________ Parent/Guardian #1Work Phone___________ Parent/Guardian #1 Cell ________________

Parent/Guardian #2________________________________________ Email ____________________________

Parent/Guardian #2Home Phone_____________ Parent/Guardian #2Work Phone___________ Parent/Guardian #2 Cell___________

Emergency Contact, other than parent/guardian __________________________ Relationship_____________

Day Phone____________________ Cell Phone_____________________________

*ALLERGIES/PHYSICAL or EMOTIONAL LIMITATIONS_________________________

_____________________________________________________________________________

As a parent/guardian, I give my child permission to participate in the Brunswick Parks and Recreation Department Trail Biking program. I understand that photographs taken of Parks and Recreation Programs may be used by the Parks and Recreation Department for promoting programs, classes or events to include brochures, posters or web page postings.

Signature of Parent/Guardian________________________

Names of Parents/Guardians___________________________________________________

PLEASE PRINT)

Please return with fee to the Brunswick Rec. Center, 220 Neptune Drive, by Sept 13. Office hours Mon-Fri 8am- 4:30 pm.