

START SMART® Basketball

January 28th– February 13th, 2020

Tuesdays and Thursdays from 4:00-5:00pm

Fee: \$44.00 Resident/ \$59.00 Non-Resident



Start Smart® Basketball is an instructional program that prepares children **ages 3 to 5 (age as of January 28th, 2020)** and their parents for enjoyable basketball experiences. **Parents and children work together** with the assistance of an instructor to learn the basics of dribbling/ball handling skills, shooting, passing/catching and running/agility. Lisa Reece, a coach with years of experience teaching athletics and a previous Start Smart coordinator, will instruct the course.

Parents learn how to teach complex skills in creative and interesting ways using instructional and encouraging verbal cues, equipment and drills. The aim is to help you become knowledgeable and supportive partners in your child's skill development, on and off the court.

Children learn how to have fun while developing physical coordination and making small, but recognizable and thus encouraging, improvements. Each skill is broken down into simple steps and participants practice the different steps in a cumulative fashion over the course of the six weeks. Flexibility within the activities allows for accommodating a range of developmental levels.

The program will meet on **Tuesdays and Thursdays at the Brunswick Recreation Center, 220 Neptune Drive, from 4-5pm.** Start Smart includes **6 sessions during the 3-week program, running from January 28th through February 13th.** The cost for the program is **\$44.00 per resident and \$59.00 per non-resident.** Class is limited to 12 groups of parent/child and 8 groups are needed to run the program. (Don't delay, space fills quickly)

The registration fee includes instruction & a participant manual for children and their guardians. Regular sneakers are acceptable for this program! Please provide a copy of your child's **birth certificate** at the time of registration.

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656. To view our refund policy, see our current program offerings or register online, visit us online at www.brunswickme.org/parks-recreation

✂ Detach & return with fee to the Brunswick Rec Center, 220 Neptune Drive, by Jan. 24th. Office hours 8am – 4:30pm ✂

BRUNSWICK RECREATION DEPT
START SMART® Basketball – Winter 2020

Please Print

Ages 3-5 as of 1/28/20

FEE: \$44.00 Resident

\$59.00 Non-Resident

For office Use

Date _____

Amt\$ _____

310000-01

Computer

Birth Certificate

Name _____ Female Male

Date of Birth _____ Age (as of 1/28/20) _____

Street Address _____ Town _____ Zip code _____

Parent/Guardian #1 _____ Email _____

Parent/Guardian #1 Home Phone _____ Parent/Guardian #1 Work Phone _____ Parent/Guardian #1 Cell _____

Parent/Guardian #2 _____ Email _____

Parent/Guardian #2 Home Phone _____ Parent/Guardian #2 Work Phone _____ Parent/Guardian #2 Cell _____

*ALLERGIES/PHYSICAL/MEDICAL CONDITIONS or EMOTIONAL LIMITATIONS _____

As a parent/guardian, I give my child permission to participate in the Brunswick Parks and Recreation Department Start Smart Basketball Program. I understand that photographs taken of Parks and Recreation Programs may be used by the Parks and Recreation Department for promoting programs, classes or events to include brochures, posters or web page postings.

Signature of Parent/Guardian _____

Names of Parents/Guardians _____

(PLEASE PRINT)