

Brunswick Parks and Recreation
this
Running Program for Maine Youth



Department is proud to offer
Runners

Dates: January 12th, January 26th, & February 9th

(Make-up dates for weather cancellations are to be determined)

1:30pm Start Time

HOSTED AT THE BRUNSWICK PARKS & RECREATION CENTER

(Track is 590ft in length and has 2 oversized lanes on a flat running surface)

This is a lead program for the USATF-Maine Indoor Championship 2020

Order of Events being contested:

(Run by age groups, some sections may be combined based on numbers)

800/1500 Meter Race Walk

50 Meter

1500 Meter

400 Meter

800 Meter

200 Meter

4 X 1 Lap Relay

Shot Put

Vertical Jump Challenge

Standing Long Jump Challenge

All Participants will need to be registered with USATF

(Please note 2020 membership required- January 1st marks the start of the Membership year)

These memberships will be good until December 31st, 2020

USATF Membership is \$15.00.

(Must Bring Copy of Birth Certificate if purchasing USATF-Maine Membership onsite)

Pre-registration Entry Fee of \$5.00 per meet

(Register Online at: Brunswickme.org/departments/parks-recreation)

Running Sneakers/Flats are recommended (no spikes)

Day of Event is \$8.00



More information is available at Brunswick Parks & Recreation's Website.

www.brunswickme.org/departments/parks-recreation



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Individual Entry Form

Brunswick Parks and Recreation Department is proud to offer this Running Program for **Youth** Runners of Maine

Order of events being contested:

<u>800 Meter Race Walk Challenge</u>	<u>400 Meter Dash</u>	<u>Vertical Jump</u>
8 and Under	8 and Under	8 and Under
9-10	9-10	9-10
<u>1500 Meter Race Walk</u>	11-12	11-12
11-12	13-14 & 15	13-14 & 15
13-14 & 15	<u>800 Meter Dash</u>	<u>Shot Put</u>
<u>50 Meter Dash</u>	8 and Under	8 and Under
8 and Under	9-10	9-10
9-10	11-12	11-12
11-12	13-14	13-14
12-14	15	15
15	<u>200 Meter Dash</u>	
<u>1500 Meter Run</u>	8 and Under	
9-10	9-10	
11-12	11-12	
13-14 & 15	13-14	
	15	

Club Relay Entry must be done via Hy-Tek as a Club Entry

Age of all competitors is determined by subtracting year of birth from 2020.

Age divisions are: 8 & under, 9-10, 11-12 are limited to 3 events. 13-15 are limited to 4 events.

Relays count as an event and athletes are not allowed to move into another age group to compete on a relay or any other event.

Meet Date: _____ Participants Name _____

Mailing Address _____

Date of Birth _____ USTAF # _____

8U 9-10 11-12 13-14 15 Gender : Female Male

Event 1 _____

Event 2 _____

Event 3 _____

Event 4 _____