

# Brunswick Recreation Jr High Field Hockey Program



**Friday Afternoon Practices**  
**At Crimmins Field**  
**September 18th – October 23rd**  
**4:30pm-5:45pm**  
**Grades 6-8**  
**Cost: \$40 Residents**

**Skills Covered:**

- Dribbling
- Passing
- Receiving
- Dodging
- Shooting
- Offensive Concepts
- Defensive Concepts
- Rules
- & Game Play

This **EXCITING** program is designed to introduce and teach the wonderful game of field hockey. The program is a can't-miss for any field hockey enthusiast or child who would like to try out a new sport! Players focus on skill development through a series of fun games that help players become comfortable with a stick in the field and on mastering fundamental skills & ease into some game situation scrimmaging. Travel games "may" be an option against local clubs if allowed by State of Maine Community Sports Guidelines. This will be dependent of county color for Covid-19 exposure designed for school operation.

Practices will be held on **Friday Afternoons from 4:30pm-5:45pm**. This Friday afternoon time is designed to allow players that may be involved with another sport the ability to try **FIELD HOCKEY!** Practices this year will be held at Crimmins Field which is closely located near HBS on Baribeau Drive.

This program is coached & instructed by Lynn Jackson and Melissa Bryant. Participants will receive a program t-shirt. Equipment is also available to borrow and is provided by Harrow Sports & USA Field Hockey Grant  
**Please bring: stick, mouth guard, shin guards, water bottle & sneakers**

**Face Coverings** will be worn entering & exiting the field and whenever gathering for close instruction. Players need to bring their own water bottle. If borrowing equipment, it will be issued at the beginning of the program and returned at the end of the program. Coaches are expected to wear masks unless distance greater than 15feet. Spectators will need to wear face masks and will be limited to 100 people

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656. To view our refund policy, see our current program offerings or register online, visit us online at [www.brunswickme.org/parks-recreation](http://www.brunswickme.org/parks-recreation)

✂**Detach & return with fee to the Recreation Center**220 Neptune Drive., by **Sept. 18** Office hours Mon.-Fri., 8:00 a.m. to 4:30 p.m.✂  
 Brunswick Parks and Recreation Dept. **Fee: \$40 Brunswick Residents**  
 Jr High Field Hockey Program, Fall 2020

**Please Print**

Borrowing a stick? Yes  No   
 Shirt Size: \_\_\_\_\_ Adult or Youth (Circle One)

For Office Use
Date _____
Amt\$ _____
221251-03 Computer <input type="checkbox"/>

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Street Address \_\_\_\_\_ Town of residence \_\_\_\_\_

Zip Code \_\_\_\_\_ School \_\_\_\_\_ Grade, Fall 2020 \_\_\_\_\_ Female  Male

Parent/Guardian #1 \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian #1 Home Phone \_\_\_\_\_ Parent/Guardian #1 Work Phone \_\_\_\_\_ Parent/Guardian #1 Cell \_\_\_\_\_

Parent/Guardian #2 \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian #2 Home Phone \_\_\_\_\_ Parent/Guardian #2 Work Phone \_\_\_\_\_ Parent/Guardian #2 Cell \_\_\_\_\_

Emergency Contact, other than parent/guardian \_\_\_\_\_ Relationship \_\_\_\_\_

Day Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

\*ALLERGIES/PHYSICAL or EMOTIONAL LIMITATIONS \_\_\_\_\_

*As a parent/ guardian, I give my child permission to participate in the Brunswick Parks and Recreation Department Field Hockey program. I understand that photographs taken of Parks and Recreation Programs may be used by the Parks and Recreation Department for promoting programs, classes or events to include brochures, posters or web page postings.*

Signature of Parent/Guardian \_\_\_\_\_

Names of Parents/Guardians \_\_\_\_\_ **PLEASE PRINT)**