

Fledgling Fundamental Field Hockey



**Program is held on Tuesdays
September 12th – October 3rd
From 4:45pm-5:45pm
At Harriet Beecher Stowe Field
For Youth in Grades K-2
Fee: \$55 Residents// \$73 Non-Residents**

This exciting program is designed to introduce and teach the wonderful game of field hockey. The program is a can't-miss for any field hockey enthusiast or child who would like to try out a new sport! Players focus on the basic rules of field hockey, proper grips, ball & stick control, passing & receiving, and fun games/scrimmages.

Practices will be held on Tuesdays from 4:45-5:45pm at the Harriet Beecher Stowe Field. Guardians are requested to stay at the field during each session.

This program is instructed by Sadie Robertson and Ally Feltis. Equipment is available to borrow- thanks to a grant from Harrow Sports & USA Field Hockey.

Please bring: stick, mouth guard, shin guards, water bottle, & sneakers

Skills Covered:

Dribbling
Passing
Receiving
Dodging
Shooting
Offensive
Concepts
Defensive
Concepts
Basic Rules
Game Play



Scan the QR Code to
Register Online!

The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656. To view our refund policy, see our current program offerings or register online, visit us online at www.brunswickme.org/parks-recreation