

# Cross-Country Running Club



**Mondays from 5:00-6:00pm**  
**At the Harriet Beecher Stowe Field**  
**From September 11<sup>th</sup>- October 14<sup>th</sup>**  
**Bonus Practice on Wednesday, Sept. 13<sup>th</sup>.**  
**For Brunswick Youth in Grades 1-5**  
**Fee: \$60**

**Open to Brunswick Residents/ Brunswick School Department Students Only\***

The Parks and Recreation Department will be offering a Youth Cross-Country Running program on Mondays and Wednesdays starting September 11th! This program is designed to introduce children to the fun and satisfaction of running through regular practices and “Fun Runs”. Regular practices will be held outside at the Harriet Beecher Stowe Field.

Starting on September 20th “Fun Runs” will be held on Wednesdays. During “Fun Runs” children will run with youngsters their own age in gendered divisions. 1<sup>st</sup> and 2<sup>nd</sup> graders will run a half-mile; 3<sup>rd</sup> and 4<sup>th</sup> graders will run three quarters of a mile; 5<sup>th</sup> graders will run one mile. A Championship running meet will also be held on Saturday, October 14<sup>th</sup>, in Cumberland.

We are excited to welcome Becca Fisk as our coach this fall! Becca ran competitively in high school and at Lyndon State College. She is excited to bring her enthusiasm for running and her enjoyment of coaching children to the program.

*Please note—Transportation is not provided. Participant families are responsible for arranging transportation.*

**Adult and student volunteers are needed to assist staff. Interested individuals should reach out to the Rec Department to learn more! Join us in making this a great program!**

Scan the QR Code to  
Register Online!



The Parks and Recreation Department encourages individuals with disabilities to register for this program. Should you desire further information, contact the Recreation Department at 725-6656. To view our refund policy, see our current program offerings or register online, visit us online at [www.brunswickme.org/parks-recreation](http://www.brunswickme.org/parks-recreation)